



# *Kindergarten, Here I Come!*

A parents guide to preparing your child for school

Getting ready for kindergarten is an exciting time. As you prepare your child for school, you may have questions and wonder if your child is ready. This booklet includes some of the skills that will help your child be successful in kindergarten. It also includes activities you can do at home to help your child get ready for school.

If you would like additional support or information, please visit our webpage: **great-start.org** or find us on Facebook by searching Delta-Schoolcraft Great Start Collaborative. We can also be reached at **906-786-9300 ext 109**.

*Developed by the Delta-Schoolcraft Great Start Collaborative  
School Readiness Advisory Committee*





# Language Development

## I can...

- Ask for help
- Retell a story
- Sing songs and do finger plays
- Listen to and follow 2 or 3 step directions
- Talk about my feelings
- Carry on a short conversation
- Identify upper and lowercase letters

## You can help me by:

- Asking me who, what, when, where and why
- Listening to my stories
- Having a conversation and explaining things to me
- Talking with me about my feelings

# Social & Emotional Development

## I can...

- Get along with others
- Talk about my feelings
- Manage my feelings with some help
- Follow simple daily routines
- Make friends
- Share and take turns
- Listen to others
- Ask for what I need
- Care for others - recognize others' feelings and space

## You can help me by:

- Giving me opportunities to play with children my age
- Teaching me the names of feelings
- Giving me a consistent routine
- Playing games that require me to take turns
- Modeling the skills I need to manage my feelings





# Physical Development

## I can...

- Use my fingers and hands to do many things - cut with scissors, pick up small objects, hold and use pencils and crayons
- Dress myself - buttons, zippers, snaps, shoes, gloves, coats
- Take care of my body - use the bathroom, wash my hands, use a tissue
- Jump, climb, hop, throw, catch, balance on one foot

## You can help me by:

- Letting me use pencils, scissors, tongs, and crayons to help strengthen my hands
- Allowing enough time for me to dress myself
- Building with me using boxes, blocks and LEGO's
- Giving me enough sleep and healthy foods
- Limiting my screen time
- Allowing me to get messy using paint, glue and Play-doh

# Cognitive Development

## I can...

- Recognize basic colors and shapes
- Recognize some numbers
- Recognize my name in print
- Recognize and write some letters
- Touch and count objects
- Sort items by shape, size, and color
- Understand same and different
- Make simple patterns with items (red car, blue car)

## You can help me by:

- Letting me count items out loud
- Letting me practice writing my name
- Reading and exploring books everyday
- Singing and clapping along to songs and books
- Playing games that allow me to find different colors, letters and numbers





# Approaches to Learning

## I can...

- Ask questions
- Solve problems on my own
- Explore and explain what I am doing
- Use my senses
- Move between activities without getting upset
- Stay focused on activities for longer periods of time (15 minutes)
- Clean up and put my things away in proper places
- Engage in pretend play

## You can help me by:

- Answering my questions
- Giving me time to solve problems on my own
- Limiting my screen time to allow for exploring instead
- Letting me know it is ok to make mistakes
- Letting me use my senses, including getting messy



For more information about Great Start, or to view a calendar of upcoming events in our area, please visit our website at:

**[www.Great-Start.org](http://www.Great-Start.org)**

Find us on Facebook: Delta Schoolcraft Great Start Collaborative

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