

Delta County Great Start Parent Coalition Newsletter



Next meeting date: May 16th
from 6pm-7:30pm
at the Delta-Schoolcraft ISD, Escanaba

May 2019 Community Family Events

5/1, 5/8, 5/15/, 5/22, 5/29/19 **MSU Extension Spring Wellness Sessions**
Runs five Wednesdays in May. RELAX: Alternatives to Anger 12pm-1:30pm; Nurturing Families 3pm-4:30pm; Stress Less with Mindfulness 5:30pm-7pm in the M-Tec Bldg. 2000 N 30th St, Escanaba. Cost: \$25 each series. Open to teens, parents, grandparents, childcare providers or anyone looking to develop these essential skills. Contact Tracie Abram, 906-235-2985, amram@msy.edu

5/1/19 **Batman (1989)** 7pm-9pm Bay College's Campus Activities Board (CAB) invites you to a night at the movies! Enjoy this free showing of Batman in the Besse Theater. No ticket required! www.baycollege.edu

5/2, 5/9, 5/16, 5/23, 5/30/19 **Toddler Art and Music at the Bonifas** Thursdays, 9:30am-10:15am Ages: mobile to 3yrs and their caregivers with instructor Lorne Watson. Combines fun and learning to nurture imagination, problem solving and motor skills. \$5 per session. Walk-ins welcome. www.bonifasarts.org

5/2, 5/9, 5/16, 5/23/19 **Preschool Music Class at the Bonifas** Thursdays, 10:45am-11:15am. Designed as an extension of the Toddler Art class, Lorne will lead students' ages 3 years and up in a 30 minute hands on music class that will lay a foundation for a life full of music enjoyment. \$45 for the series www.bonifasarts.org

5/2 & 5/16/19 **Kinder-Light Play Group** 10:30-11:30am on the 1st & 3rd Thursday every month through May 10th in the Y gym. This play group is for families of little ones ages 0-5years to play and socialize with others. FREE to Members /\$10 General Public Family. www.nlymca.com

5/2/19 **\$1 Bowling Night** 4pm-9pm at Bowl-a-Rama. Affordable bowling for families \$1 per game, shoe rentals, pizza slices and pop. First Thursday of each month. Visit Bowl-a-Rama on Facebook for more details.

5/3, 5/10, 5/17, 5/24, 5/31/19 **Grace Church of Gladstone Playgroup** Fridays 10am-11:30am in church multipurpose room. Kids 0-5years . Open gym free play. Open to the public. Contact Megan with questions 906-396-8346 or quindon.megan@gmail.com

5/3/19 **Parents Night Out** 5:30pm-8pm. Bring your kids ages 5-12 years to the YMCA for games, swimming, pizza and fun while you enjoy a night out. \$8 members/\$10 gen public. Register at www.nlymca.com

5/4/19 **Spring Fair Craft & Vendor Show** 10am-6pm at the Delta Plaza Mall. www.shopdeltaplazamall.com

5/4 & 6/1/19 **Happy Tails Story Time** 10:30am -11:15am at the Delta Animal Shelter meets on the 1st Saturday of the month for kids ages 3-5 years old. Features animal related stories, activities and an opportunity to meet some animal guests. www.deltainimal.org

5/4/19 **3rd Annual Ladies Gala** 7pm-12am Rapid River Lions Club. Hollywood themed night out for ladies, Formal dress is encouraged, but not required. Prizes, swag bag, games, drinks, dancing and more. All proceeds benefit the Rapid River PTC. Tickets \$25 in advance (until April 26th), \$35 at the door. Tickets online through Eventbrite.

5/5/19 **Escanaba "Meet the Players" Spaghetti Dinner** 11am-6pm at the Elks Lodge Escanaba. \$8 /kids 5 and under free Dinner includes Spaghetti, Garlic Bread, Dessert and Pop/Coffee. www.deltami.org

5/6-5/10/19 **Bay College Plant Sale** 9 AM to 5 PM in room 116 adjacent to the greenhouse in the Math Science Building at the College. Native perennial wildflowers grown from locally collected seed. A limited selection of other perennials, as well as several good performing varieties of tomatoes, peppers, and herbs, and red hybrid geraniums available. www.baycollege.edu

5/6-Oct 2019 **Gladstone Farmers Market** Mondays from 3pm-6pm next to the Gladstone Square Pharmacy on Delta, Ave. www.gladstonemi.org

5/7/19 **1st Aid and CRP Recertification** 6pm-9pm at YMCA. Ages 14 & up. Must have current certification. \$65 member/\$105 non-members www.nlymca.com

5/9, 5/20, 5/23/19 **MOPS** (Mothers of Preschoolers) meets 10am-11:30am on Thurs 5/9 & 5/23 and 6:30pm-8:30pm on Mon 5/20 at New Life Church in Escanaba. Childcare available. Find MOPS on Facebook (Delta County MOPS)

5/10-5/12/19 **TV 6 Mother's Day Craft Show** Fri 1pm-4pm, Sat 10am-6pm, Sun 11am-4pm \$2, Superior Dome, Marquette. www.uppermichiganssource.com

5/10 & - 5/11/19 **Escanaba Civic Center Rummage Sale** 4pm-8pm Friday, 8am-4pm Saturday. Inside rummage sale at the Civic Center. Everyone welcome to attend at no charge. If interested in renting a table for \$10 (selling any usable items, crafts, food, etc.) please call the Civic Center at 786-4141.

5/11/19 **Mother's Day 5K Color Run** 10am at the YMCA \$25 per individual or \$50 per family of 2 or more. on or before May 6th, 2019 by 10pm (to guarantee race shirt). www.nlymca.com

5/11/19 **Sibshop** 10am-1pm at Year end family celebration. Sibshops are free recreational workshops which support and friendship for children ages 7-13 years old who have a sibling with special needs. Contact Laurie Mold at 419-320-5542 or lauriemold@gmail.com to register.

5/11/19 **Ahmed Shrine Circus** 2pm, 4pm and 6pm at the Wells Sports Center. Tickets are \$18 per adult/\$14 per child at the door 2 and under are free. Free child tickets distributed around town gets one child in for free with each paid adult. Know a Shriner? See them for limited reduced rate pre-sale tickets or visit www.spectacularcircus.com

5/12/19 **Mother's Day at DeYoung Family Zoo** 10am-5pm N5406 County Road 577 Wallace, Michigan. Moms free May 12th to celebrate Mother's Day. Reg admission \$10 kids, \$12 seniors, \$14 adults, 3 and under free. www.thedeyoungfamilyzoo.com

5/14/19 **Grand-Families Support Group** 5pm-7:00pm at 1905 South 21st St. A chance to support one another, share a meal and have a little respite time with other grandparents raising grandchildren Call 789-0997 to register for free meal and childcare. Meets 2nd Tuesday of the month. Call 789-0997 ext 101 to RSVP. They will resume in September.

5/14/19 **SAIL Adaptive Recreation** 1:30pm-2:30pm Cooking and nutrition class for all ages and abilities! Free program. Escanaba location given when registered. Contact Ali at 228-5744 to register. www.upsail.com

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5/16/19 **Delta County Great Start Parent Coalition Meeting** 6pm-7:30pm at the Delta-Schoolcraft ISD. "The Benefits of Massage: Prenatal through Adulthood" with licensed massage therapists Stacy Lake and Julie Urbschat. Free dinner and onsite childcare provided by Small Wonder Preschool. Please RSVP to 906-786-9300 ext 111 or Imold@dsisd.net with the number of children and adults attending.

5/17 - 5/19/19 **Wag a Tail Rummage Sale** State Fairgrounds Miracle of Life Building 5pm-8pm/8am-2pm. Proceeds benefit Delta Animal Shelter. Donation drop off 5/5/19 1pm-4pm and 5pm-8pm May 6th and 9th. www.deltainimal.org

5/18/19 **Eskey Clean-up** 10am-noon Escanaba Farmer's Market. Mark your calendars to come out and help make downtown beautiful! www.visitescanaba.com

5/18/19 **Lego Club** 10:30am-12pm at the Escanaba Library (Wild Wild West theme) for children ages 5 and up with caregiver. Bring a gallon sized zip lock bag of Legos and create together. There is a drawing for a Lego set at the end of each session. No registration required. www.escanabalibrary.org

5/18/19 **Mid Pen Lego Club** 10:30 -11:30am at Mid Peninsula School. Open to children and their family's who love to create and build together with Legos! Bring your own Legos. Free and open to the public, your child does not need to be a student at Mid Pen to attend.

5/18/19 **Escanaba Public Library Story Hours** The 3rd Saturday of the month Oct-May, 1:30pm in the Children's Library. FREE for children 4 years and older. No registration is required. Includes stories, crafts, and occasionally a book-related movie or special guest.

- **Toddler Time** meets **Wednesdays** at 10:30am.
 - **Lapsit** for babies meets **Fridays** 10:30am.
- Registration required for these times. www.escanabalibrary.org

5/18/19 **Flips Gymnastics Exhibition** 2pm-4pm at Gladstone High School. Tickets \$10. Visit Flips Gymnastics on Facebook for more details.

5/21/19 **Child Find** Do you have concerns about your child's development? Want to make sure they are on track? Free developmental screenings for children 0-5 years old at the DSISD. Call 906-786-9300 ext 201 to schedule an appointment.

5/23/19 **Midsummer Strings** 7:30pm-9pm The Midsummer Strings perform a mixture of all Finnish music ranging from old to new folk tunes from different areas of Finland in Bay College Besse Theater. Tickets are \$10/\$5 students available at the Bay College Box Office. www.baycollege.edu

5/27/19 **DeYoung Family Zoo Critter Birthday Bash** 10am-5pm N5406 County Road 577 Wallace, Michigan. Celebrate all of the animals birthdays with one BIG Birthday bash. We will give animals special treats, presents, and a tea party! Face painting, games, bounce house, and more. Reg admission \$10 kids, \$12 seniors, \$14 adults, 3 and under free. www.thedeyoungfamilyzoo.com

5/27/19 **Rapid River Memorial Day Celebration** Run for Joe 5K Rapid River Lion's Club. Registration at 7am, begins at 9am. Family activities/BBQ begin at 10am in Township Park, Parade at 1pm.

5/31 & 6/1/19 **Krusin Klassic Fun Run & Car Show 2019** Friday: 7pm parade followed by dance from 9pm-12am at the UP State Fair Grounds. Saturday: pancake breakfast 7-10:30am, car show/swap meet 8am-12pm, ladies appreciation luncheon 12pm (1st 175 ladies), 1pm kids tractor pull, 4:30pm trophies with Raffle drawing to follow. \$5 kids 12 and under free. www.krusinklassics.net



MSU Extension Delta County Series

RELAX: Alternatives to Anger

Five Wednesdays May 1-29, 2019 12pm-1:30pm

Register on-line: <https://www.canr.msu.edu/events/relax-alternatives-to-anger-delta-county-spring-series>

Understand and manage anger and stress, develop communication and problem solving skills needed for healthy relationships. Learn how calm and de-stress. Learn how to forgive and let go of the past.

Nurturing Families

Five Wednesdays May 1-29, 2019 3pm-4:30pm

<https://www.canr.msu.edu/events/nurturing-families-delta-county-spring-series>

An evidence-based program for those who care for children from birth to teens. Understand nurturing, handling stress and anger, child development, brain development, discipline, and how to build self-esteem and self-worth.

Stress Less with Mindfulness

Five Wednesdays May 1-29, 2019 5:30pm-7pm

<https://www.canr.msu.edu/events/stress-less-with-mindfulness-delta-county-spring-series>

Reduce stress and learn new ways to handle thoughts, emotions, physical sensations and events. Teaches the use of self-care skills to help one feel better and enjoy life more.

Location: M-Tec Bldg. 2000 N 30th St, Escanaba, MI

Cost: \$25 each series. Open to teens, parents, grandparents, childcare providers or anyone looking to develop these essential skills.

Contact: Tracie Abram, 906-235-2985, amram@msy.edu

Happy Mothers Day!
May 12, 2019



"Mothers hold their children's hands for a short while, but their hearts forever."

- Unknown



FUN FEST 2019!



We would like to thank all of our community partners, volunteers, the Delta Plaza Mall and Elmer's County Market for their generous donation. You made Fun Fest 2019 a success at the Delta Plaza Mall. 250 children attended with their families. They had a fantastic time learning about making happy healthy lives. Thank you to all who came!