

Delta County Great Start Parent Coalition Newsletter



February 2020 Community Family Events

2/1 & 3/7/20 **Happy Tails Story Time** 10:30am-11:15am the first Saturday of the month for ages 3-5 years old. Animal related stories, followed by a craft and an opportunity to meet some animal guests. No fee, but request that participants bring an item from their wish list to help the animals being cared for. www.deltaanimal.org

2/1 & 3/7/20 **Family Games at the Escanaba Library/Make & Take** 1pm-3pm. Screen-free family fun the 1st Saturday each month through May. Board games available or bring your own! All ages are welcome. No sign up required. www.escanabalibrary.org

2/5 & 2/19/20 **Kinder-Light Play Group** 12:30am-1:30pm meets on the 1st and 3rd Wednesday of the month through May 13th at the Wells Center. This play group is for families of little ones ages 0-5 years to play and socialize with others. FREE to Members /\$10 General Public Family. www.nlymca.com

2/6, 2/13, 2/20, 2/27/20 **Toddler Art and Music at the Bonifas** Runs Thursdays 9:30am-10:30am through March 26th. Toddlers ages mobile through age 3 and their caregivers enjoy creative play activities and music fun! Lead by professional teachers and musicians, toddlers will be learning and nurturing imagination, problem solving and developing motor skills. Art stations and music provide hands on fun. Student fee: \$5 per day. Registration: \$5 Walk-ins welcome. www.bonifasarts.org

2/6/20 **\$1 Bowling Night** 4pm-9pm 1st Thursday of the month at Bowl-a-Rama. \$1 per game, \$1 shoes, \$1 small pop, \$1 slice of pizza, \$1 small fries, \$1 hotdogs. www.upbowling.com for more specials.

2/6, 2/13 & 2/20/20 **Conscious Discipline Parent Café Series** 5:30-7pm runs on Thursdays in 2 locations! The Escanaba Early Childhood Center 1905 South 21st Street and at the Gladstone Early Childhood Center, 207 S. 12th Street. (same time/same topics) Participants will learn effective ways to build positive loving relationships with your children based on the teachings of Dr. Becky Bailey. Childcare and meals provided. Registration is required by noon the day before the event by calling 906-789-0997 for the Escanaba location or 906-428-4231 or 906-474-3538 for Gladstone.

2/7, 2/14/, 2/21, & 2/28/20 **Grace Church of Gladstone Playgroup** Fridays 10am-11:30am at Grace Church. Kids 0-5 years old. Free play. Open to the public. Contact Megan with questions 906-396-8346 or quindon.megan@gmail.com

2/8/20 **Sibshops** 10am-1pm Sibshops are free recreational workshops providing support and friendship for children ages 7-13 years old who have a brother or sister with special needs. Contact Laurie Mold at 419-320-5542 or lauriemold@gmail.com to register and for more information.

2/8/20 **Lego Club** 10:30am-12pm at the Escanaba Library (Superheroes theme) for children ages 5 and up with caregiver. Bring a gallon sized zip lock bag of Legos and create together. No registration required. www.escanabalibrary.org

2/8/20 **YMCA Father/Daughter Sweetheart Dance** 5:30pm-8pm for ages 4 & up at the Terrace Bay Inn. Tickets sell out! On sale through 1/31/20 as available. \$55 members, \$65 non-members, \$25 per additional daughter. Visit www.nlymca.com for details.

2/11/20 **Chili for Heat** 11am-1pm Community Action Agency will host a Chili and Cornbread Muffin sale in the alley between the Community Action Agency and the Ludington Post Suites \$3.00. All proceeds from this sale will help Delta County residents who are having trouble paying their home heating bills. Call 786-7080 ext. 110 to pre-order.

2/11/20 **Grand-Families Support Group** 5pm-7pm 1905 South 21st St. A group for grandparents raising grandchildren, foster, adoptive and kinship parents. Meets 2nd Tuesday of the month. Dinner & childcare for children 12 and under included. Call 786-7080 ext. 167 to RSVP.

2/13/20 **Kids Bowl Free Night** 5pm-9pm at Bowl-a-Rama. Kids bowl free with each paying adult. \$1 each for hot dogs, fries and small soda. The 2nd Thursday of each month. Visit Bowl-a-Rama on Facebook for more details.

2/14/20 **YMCA Parents Night Out** 5:30pm-8:30pm. Bring your kids ages 5-12 years to the YMCA for games, swimming, pizza and fun while you enjoy a night out. \$10 members/\$15 gen public. Register at www.nlymca.com

2/15/20 **YMCA Nerf & Turf Night** 5pm-6:30pm for ages 6-12 years at the HIT Room, Hannahville Ice & Turf Room, 1647 17.4 Road, Escanaba (inside Wells Sports Complex). The Y provides the space, obstacles, supervision and fun. Kids bring their own NERF gear: guns, bullets (must be Styrofoam with rubber ends), vests and goggles. \$8 Members \$12 General Public. If 5pm time gets filled an additional time will be added from 6:30pm-8pm. www.nlymca.com

2/15/20 **Community Movie Night** 6pm-8pm on the 3rd Saturday of the month at Memorial United Methodist Church 1920 Lakeshore Dr., Gladstone. FREE to all. Features a kids movie in the gym and teen movie in the youth room. Bring a comfy chair or sleeping bag to sit on while you enjoy the show. Free popcorn and beverages

2/17/20 **YMCA Schools Out Fun Days** 9am-4pm at the Wells Center. Kids grades K-5 enjoy activities, arts, crafts, games and lunch. Before and after care are available for a small fee. \$34 day members / \$44 day general public. www.nlymca.com

2/17/20 **Homeschoolers Art Class** 11am-12pm Mondays through April 27th at the Bonifas. An engaging and lively weekly class with art center art curriculum for homeschoolers ages K-8. \$55 for the series. Register at www.bonifasarts.org or by calling 906-786-3833 by 2/10/20.

2/18/20 **Bedtime Stories** 6:30pm-7:30pm at the Escanaba Public Library Children ages 4 and up are invited to this library classic! Get on your comfy PJs, grab your favorite stuffed animal, and head down to the Escanaba Library for Bedtime Stories! No registration. Free and open to the public.

2/19/20 **Acoustic Duo D & Chi in Concert** 7pm-8pm at the Bay College Besse Center. This Dallas based duo is fresh off of American Idol and a Summer opening for Chaka Khan and Michael McDonald. They showcase a fusion of pop, Rock, and Hip Hop music. www.baycollege.edu

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2/20/20 **Trevor Ohlsen in Concert** 7pm at Bay College's Besse Theatre. Singer-songwriter, Ohlsen, an Iron Mountain, Michigan native, has found success in the music industry with his hit song "Michigan." Tickets are available online at www.baycollege.fix.com or at the box office located in the Besse Center for \$12.00 or \$6.00 for students and children. For more information, please contact events@baycollege.edu or (906) 217-4040.

2/20/20 **Delta County Great Start Parent Coalition Meeting** 6pm-7:30pm at the Delta-Schoolcraft ISD. How much screen-time is too much? School psychologist, Mary Beth Bergeron will host a discussion around how electronic media affects our children's health & development. Childcare by Small Wonders and dinner is included!! RSVP to Laurie Mold at 906-786-9300 ext. 111 or lmold@dsisd.net with ages and # of children attending.

2/21/20 **YMCA Sock Hop** 6pm to 8pm for ages 5-12 years old at the Wells Center. Kids can bop, jump and jam, with dancing, contests, food & fun on a cold winter night! \$5 members/\$8 general public. Space is limited. Register at www.nlymca.com

2/22/20 **Mid Pen Lego Club** (Snow Adventures) 10:30 -11:30am at Mid Peninsula School. Meets on the 3rd Saturday of the month. Open to children and their family's who love to create and build together with Legos! Bring your own Legos. Free and open to the public, your child does not need to be a student at Mid Pen to attend.

2/22/20 **Escanaba Public Library Story time** Monthly story hour is on the 3rd Saturday of the month Oct-May, 1:30pm in the Children's Library. FREE for children 4 years and older. No registration is required. Toddler Time meets Wednesdays at 10:30am. Library Babies meets Fridays 10:30am. Registration required for these times. www.escanabalibrary.org

2/28/20 **Child Find** Do you have concerns about your child's development? Want to make sure they are on track? Free developmental screenings for children 0-5 years old at the DSISD. Call 906-786-9300 ext. 201 to schedule an appointment.

2/29/20 **Walk for Warmth** Registration at 9am at the Elks on Ludington. The walk starts at 10am. Proceeds go to assist Delta County residents who are having trouble paying their home heating bills. www.deltami.org

2/29/20 **Disable the Label Disability Awareness Community Event** 10am to 2pm at the Delta Plaza Mall. The community is invited to experience the challenges that people who have disabilities face daily. Complete a mile walk in their shoes. Visit stations to learn about different aspects of their lives. The goal of this event is to bring awareness and understanding through education. Prize drawing will be held for active participation and a raffle to support DATA. Visit www.deltami.org calendar for more details.

3/7/20 **Youth In Art Talent Show Auditions** Kids aged 5-18 years are welcome to showcase their talent. Singing, dancing, acting, poetry, instruments, magic, etc. For show on March 20th. Contact the Bonifas Arts Center to schedule an audition time at 906-786-3833

"Babies aren't born smart, they're made smart by parents talking with them."

- D. Suskind, M.D.



Delta County Winter Series

RELAX: Alternatives to Anger & Stress Less with Mindfulness

RELAX: Alternatives to Anger helps teens, adults, parents and caregivers manage anger and stress, and develop the communication and problem solving skills needed for healthy relationships.

STRESS LESS with Mindfulness introduces participants to skills to reduce stress-related symptoms such as worry, depression and physical tension through mindfulness practice. Mindfulness is by paying attention to the present moment without judgement. Research shows the benefits of mindfulness which teaches alternative ways of relating to everyday life experiences, which helps one feel better and enjoy life more.

Each class runs five Wednesdays
February 5, 12, 19, 26, & March 4

RELAX: Noon-1:30pm /STRESS LESS: 3pm-4:30pm
MSU Extension 2840 College Ave Escanaba, MI
COST: \$25.00 for each series
(Stress Less is free to Seniors 55+)
for more information and to register contact
Tracie Abram Extension Educator
906-235-2985 abram@msu.edu

Delta County 2020 Kindergarten Registration Dates

Children must be 5 years old on or before September 1, 2020, unless a parent chooses to use the age waiver for children who turn 5 on or before December 1, 2020. To register your child, you will need a certified copy of your child's birth certificate.

District	Date	Contact #	Details
Bark River	February 19 th Open House 4:30-6:00pm April 15 th Kindergarten Screenings by appointment only	906-466-5334	Call the elementary office to register for Kindergarten screening on April 15th
Escanaba	Feb 5 th & 6 th 4pm-7pm	906-786-6118	Register 4pm-7pm at the Webster Kindergarten center. No appointment needed. Child need not be present. Once your child is registered you will get an appointment time for a Kindergarten screening which takes place in early June.
Gladstone	March 4 th & 5 th by appointment	906-428-2314	Screening at Grace UCCC Church Call Cameron Elem. Office between 8:30am-3pm to make an appointment by 3/2/20. Screening will last about one to 1 1/2 hours.
Mid-Peninsula	TBD	906-359-4387 ext 1	
Rapid River	TBD	906-474-6411	
Nah Tah Wahsh	March 13 th 8:30am-3pm	906-466-2952	Call the school office to schedule an appointment.
Holy Name	March 3 rd Open House 5:30pm-6:30pm	906-786-7550 ext 10	Open House 3/3/20 5:30pm. If you are unable to attend you may pick up a registration packet in the office.