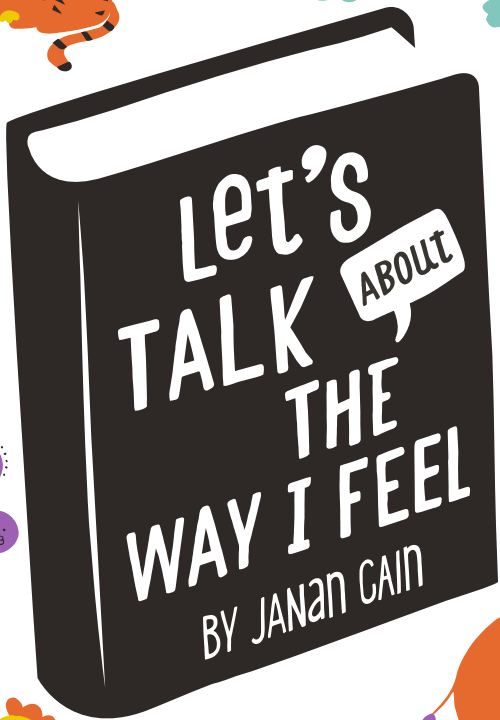


TODAY I FELT...



WHAT MAKES YOU HAPPY?

I GET AFRAID WHEN...



WHEN I'M MAD I SHOULD...

HOW DO OTHER PEOPLE FEEL?



WHAT MAKES YOU SAD?



Delta-Schoolcraft Counties

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INFANTS:

Reading a book to your infant is a great chance to cuddle and bond, relax and sit comfortably with your baby on your lap. Point out pictures on the page and name what you are pointing to. You don't have to read every word! Sharing a book is an experience that helps your baby's brain to make important connections, laying the foundation for learning to read. Just because your baby is not talking, doesn't mean he/she isn't learning!

TODDLERS:

Many toddlers are just beginning to name feelings. The Way I Feel is a great book to help you introduce lots of new feeling words. Toddlers will love this book because the words rhyme and the pictures are silly. You can spend time talking about the pictures of faces throughout the book and how these facial expressions match the feeling words. Practice imitating the facial expressions and saying the feeling word that goes with the expression. Your toddler will love this and will likely imitate you! Point to the words as you read them. This helps your toddler learn what words are and where the words you are saying come from.

PRESCHOOLERS:

The Way I Feel is a great book to help your preschooler learn how to name feelings. The colorful illustrations and many feelings in the book will give you lots to talk about! The ability to name a feeling allows children to discuss and reflect with others about their personal experience of the world. The larger a child's emotional vocabulary, the better he/she can understand feelings and communicate with others. When you talk about feelings you are helping your child to recognize and understand his/her own feelings and actions, those of other people, and how feelings and actions affect everyone. Your lap is still the best place for your preschooler to be, especially when reading about feelings, and your sharing is helping your child to become a reader!

