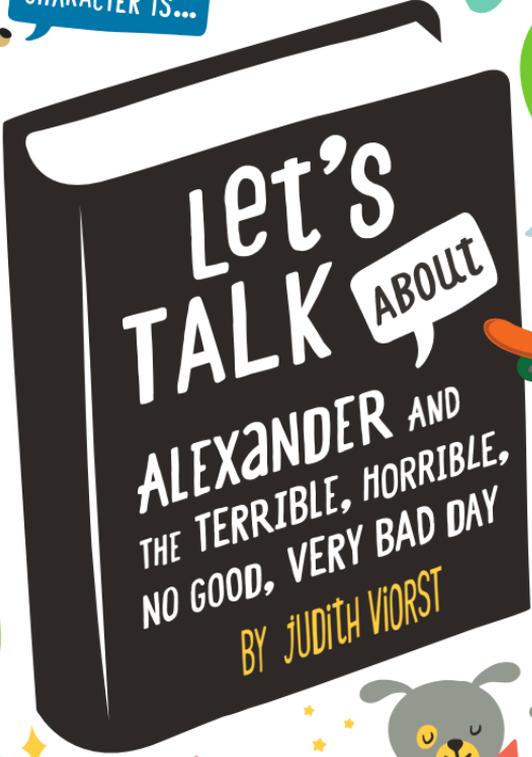


MY favorite CHARACTER IS...



WHAT DO YOU SEE ON THE COVER?



What WILL HAPPEN next?

WHERE DOES ALEXANDER WANT TO GO?



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## INFANTS:

Reading a book to your infant is a great chance to cuddle and bond so relax and sit comfortably with your baby on your lap. Point out pictures on the page and name what you are pointing to. Sharing a book is an experience that helps your baby's brain to make important connections, laying the foundation for learning to read. Just because your baby is not talking, doesn't mean he isn't learning!

## TODDLERS:

Alexander and the Terrible, Horrible, No Good, Very Bad Day has lots of feelings in the story. Many toddlers are just beginning to name feelings and Alexander has some big feelings in this book! Talk about the faces he makes and talk about the feelings he is showing. Practice imitating the facial expressions and saying the feeling word that goes with the expression. Your toddler will love this and will likely imitate you! Point to the words as you read them. This helps your toddler learn what words are and where the words you are saying come from.

## PRESCHOOLERS:

Alexander and the Terrible, Horrible, No Good, Very Bad Day is a great book to help you introduce feelings about disappointment and frustration. Nothing seems to go right for Alexander as he makes his way through the day. He talks about moving to Australia to get away from his disappointments. Talk with your child about better ways to cope with frustration and disappointment. The black and white illustrations add to the feeling of gloom. Talk with your preschooler about Alexander's facial expressions, how they are different from the other people in the book and how people's looks convey different feelings. Have fun making the same faces as Alexander! When you talk about feelings you are helping your child to recognize and understand his own feelings and actions, those of other people, and how feelings and actions affect everyone. Your lap is still the best place for your preschooler to be, especially when reading about feelings, and your sharing is helping your child to become a reader!

