



**Schoolcraft County Great Start
Parent Coalition
January 2021 Newsletter**



Family Tradition Ideas For the New Year!

1. Create a family time capsule.

Every family member can add 1 or a few items - a letter, a story, a photo of a family pet, of something you did together, or an item in your home. Seal it up in a box with "Do Not Open until 1/1/2022" on it. Surprises in store for next New Year's Day!



*do something
awesome*



2. Begin a Gratitude Jar.

Your family can do this even with young children.

Add 1 thing a day, every day:

"Hugging you is the best."

or "I love my new Lego set." Simple, meaningful things. Visit the jar often. Happiness guaranteed!

Contact Information: Cheryl Demers, Parent Liaison
text or call 906-450-7195 or email cdemers@dsisd.net



Check out our Facebook Page:
Schoolcraft County Great Start Parent Coalition



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GREAT START
COLLABORATIVE
Delta-Schoolcraft
Counties
WWW.GREAT-START.ORG

TALKING IS
TEACHING.

TALK
READ
SING

January is National Bath Safety Month



Bath time can be a fun, special time to share with your little one.

It's also a time for caution.

Tips to keep your child safe while getting squeaky clean:

The first and most important: ***Eyes on your baby/toddler at all times.**

Children can drown in less than an inch of water. Before you start, gather all the supplies (soap, towel, clean diaper, clean clothes, etc.) you'll need. Keep at least one hand on your baby while he's in the water.

*Make sure the bathroom is comfortably warm (around 75 degrees).

Little ones can get chilled quickly. Don't put your baby or toddler into a tub when the water is still running. (The water temperature could change or the water could get too deep. Also, the sound of rushing water can be too intense for some babies.)

*Make the family tub safe. Bathtubs are slippery. Outfit yours with a rubber bath mat for more secure seating. A cushioned spout cover or strategically wrapped hand towel can protect against painful bumps.

*Fill the tub with only 2 to 4 inches of water for babies and no more than waist-high (when sitting) for toddlers and older children.

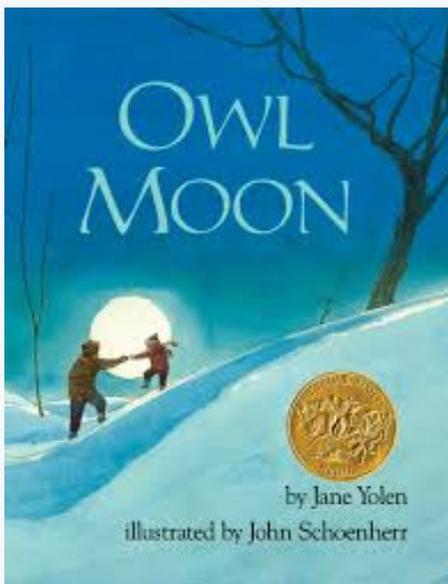
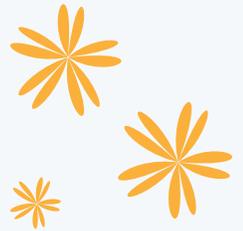
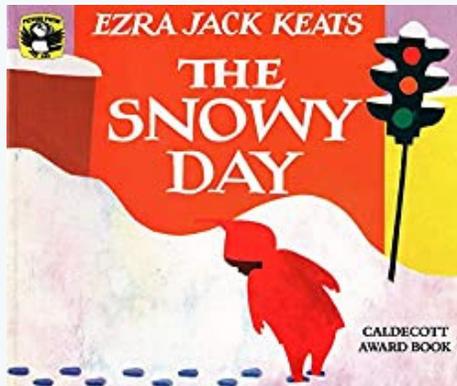
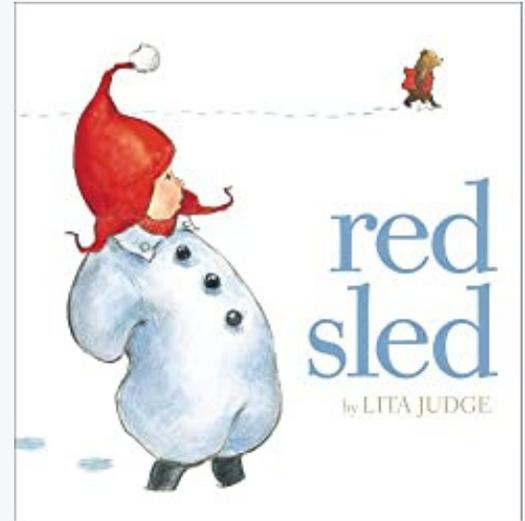
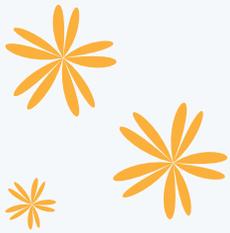
*Teach your child not to stand in the tub.

*Wash your little one in plain water if you want to, as long as you clean the diaper zone and skin folds well.

*Choose a mild soap/body wash designed for babies or toddlers. To avoid having your child sit too long in soapy water, play at the beginning of the bath and save the soap and shampoo for the end. Set your water heater to 120 degrees. It takes just 5 seconds for a child to receive third-degree burns from water that is 140 degrees. Don't allow your child to touch the faucet handles. Even if your baby is too small to move them now, she'll be strong enough to do so eventually – and that could lead to serious injury. (You might try putting your baby in the tub with her back to the faucets.) Keep electric appliances (like hair dryers and curling irons) away from the tub.

Books to Read in the New Year!

**YOU & YOUR FAMILY MAY FIND
A NEW FAVORITE!**





Please Join us for a Virtual Parent Cafe

**A place to build support
for parents by parents*

Topic - Family Routines:

Mornings;

AFTER HOME OR IN PERSON

SCHOOL ROUTINES;

bedtime;

What works?

what do we do

to get back to routine?

WHAT IF MY CHILD WON'T GO TO BED?

Save the date: Thursday, January 7, 2021

from 6:30-7:30pm

***please register here**

<https://tinyurl.com/ybo445qe>

We will send you a Zoom link for the cafe*



***Brewing Strong Families
and Strong Communities***

**Contact Cheryl Demers at 906-450-7195 or Laurie Mold at 419-320-5542 for more
information**