

Delta County Great Start Family Coalition Newsletter



The Delta County
Great Start Family Coalition
next meeting
2/18/21 6pm on Zoom



Great Start Virtual Events

2/3/21 Virtual Parent Café 6:30pm
2/24/21 Online Family Fun Time 6pm

February 2021 Family Events

2/3/21 **Great Start Virtual Parent Café: Fill Your Cup** 6:30pm-7:30pm on Zoom. Parent Cafes are a space for parents-by-parents to find support, tips and connection with one another. This month we will talk about self-care from the comfort of your own home. School psychologist, Mary Beth Bergeon joins the conversation offering a wealth of knowledge to around self-care and mindfulness. There will be a gift card drawing. Register at <https://tinyurl.com/y56yfh6>. The link and instructions will be emailed to you. Contact Cheryl Demers at 906-450-9195 or Laurie Mold at 419-320-5542 with any questions.

2/3 to 2/6/21 **Michigan Tech Winter Carnival** Houghton. Giant ice sculptures broomball, comedy skits, sleigh rides, a queen coronation, and lots of winter fun. Visit www.mtu.edu/carnival for complete schedule information

2/6/21 **Valentine's Family Fun Day** Kids make a Valentine's Day mailbox and 2 cards, one to take home and another to send to a senior citizen at a local assisted living facility to warm their hearts. Take and make kits available for pick up at the Bonifas Arts Center, must request at the time of registration. Must pre-register by Feb. 2nd by calling 906-786-3833 or stop by the Bonifas Arts Center. www.bonifasarts.org

2/6/21 **Global Art Series** Kids travel around the world through art! Experienced art educator, Betty Nyberg teaches about color, composition, and cultures from a variety of places around the world making it accessible for a wide range of ages. Includes hands-on projects, recipes and fun facts about the places they learn about. Held in person at the Bonifas with proper social distancing and masks required. Bonifas Member: \$50 / Non-Member: \$55 Visit bonifasarts.org to register and for more information.

2/13 & 2/14/21 **Michigan's Free Fishing Weekend** Fishing license fees waived for all ages Residents and out-of-state visitors may enjoy fishing on both inland and Great Lakes' waters for all species of fish. All fishing regulations will still apply.

2/18/21 6pm-7pm **Delta County Great Start Parent Coalition Meeting** This month guest speaker Cori Town from Great Start to Quality will discuss *Milestone Moments- know the signs, act early*. There will be a drawing for 2 gift cards! Contact Laurie Mold at lmold@dsisd.net or 419-320-5542 to RSVP and receive a Zoom Link.

2/19/21 **Child Find** Do you have concerns about your child's development? Want to make sure they are on track? Free developmental screenings for children 0-5 years old at the DSISD. Call 906-789-9476 and ask for Michelle to schedule an appointment.

2/22/21 **YMCA Schools Out Fun Days** 9am-4pm at the Wells Center. Kids grades K-5 enjoy activities, arts, crafts, games and lunch. Before and after care are available for a small fee. \$32 day members / \$42 day general public. www.nlymca.com

2/18/21 **Feed America Mobile Food Pantry** 10:00 AM at the Delta County, Escanaba Fairgrounds, 2401 12th Ave N, Escanaba, MI

2/24/21 **Great Start Online Family Fun Time: Fruity Fitness!** Great Start and MSU Extension Nutrition Instructor, Jill Connin, provide an evening of family fun around healthy eating and exercise. Includes interactive story and kid-friendly activities together. Families will also receive an activity bag with a free book, craft and more to use and learn together at home. Bags will be available for pick up after Monday, February 15th at the Delta Schoolcraft ISD, and at the Manistique Schools Public Library after Wednesday 2/17/21. Register at <http://bit.ly/2NBux9O> a link and instructions will be emailed to you. Contact Cheryl Demers at cdemers@dsisd.net/906-450-7195 or Laurie Mold at lmold@dsisd.net/419-320-5542 with any questions.

Be sure to check out our list of great Winter Activities on Page 3-4 and our Winter Bingo Challenge on page 5!

MICHIGAN STATE UNIVERSITY | Extension

FREE ONLINE PARENTING Education Classes

Online Extension Extras Parenting Hours

Classes are online from 8pm to 9:30pm. For more information and to register for one or more topics visit: <https://www.canr.msu.edu/delta/events>

- 2/2/21 What Children Need to Know to Start School
- 2/9/21 Purpose of Play
- 2/16/21 Developmental Stages of Self-Control
- 2/23/21 Together We Can Co-Parenting
- 3/2/21 Positive Discipline

MSU Extension Series:

- *Powerful Tools for Caregivers of Children with Special Needs* 2/2/21 to 2/16/21 Tuesdays 9am-10:30am
- *Cozy Up to Nutrition* 2/2/21 to 2/11/21 Tues & Thurs 11am
- *Guiding Principles for Highly Effective Parenting* - 2/2 to 2/16/21 Tuesdays 1pm-2:30pm
- *Relax Alternatives to Anger Series-Manage anger and stress.* 2/3 to 2/24/21 Wednesdays 6pm-7:30pm



Fruity Fitness



Delta-Schoolcraft Great Start Great Start
Online Family Funtime

Wednesday February 24th 6:30pm-7:30pm On Zoom

Jill Connin, Schoolcraft MSU Extension Nutrition Instructor, joins Great Start to provide your family with a fun evening focused around healthy eating and exercise that will make you feel good inside and out! Enjoy an interactive story time and kid-friendly activities together.

Families will also receive an activity bag with a free book, craft and materials to use and learn together at home.

Register at <http://bit.ly/2NBux90>

Bags will be available for pick up after Monday, February 15th at the Delta Schoolcraft ISD and at Manistique Schools Public Library after Wednesday 2/17/21. Contact Cheryl Demers at cdemers@dsisd.net/906-450-7195 or Laurie Mold at lmold@dsisd.net/419-320-5542 with any questions.



MICHIGAN STATE UNIVERSITY | Extension



Please Join us for a
Virtual Parent Cafe

*A place to build support
for parents by parents*



Topic – Fill Your Cup

*Let's take time to talk about
how we take care of ourselves,
so we can take care of our families*

Wednesday, February 3, 2021

from 6:30-7:30pm

*please register here

<https://tinyurl.com/y56yzzfh6>

We will send you a Zoom link for the cafe*



*Brewing Strong Families
and Strong Communities*

Contact Cheryl Demers at 906-450-7195 or Laurie Mold at 419-320-5542
for more information

MINDFUL PARENTING

Come join us for this year's installments of the Conscious Discipline teachings of Dr. Becky Bailey! Participants will learn effective ways to build positive, loving relationships with children of all ages.

Time: Tuesdays 1:00 - 2:30

THE EVENT SCHEDULE IS AS FOLLOWS:

- 01/19/2021 WELCOME & COMPOSURE
- 01/26/2021 ASSERTIVENESS & ENCOURAGEMENT
- 02/02/2021 CHOICES
- 02/09/2021 EMPATHY & POSITIVE INTENT
- 02/16/2021 CONSEQUENCES

ZOOM INFORMATION
Meeting ID: 868 6766 6751
Passcode: 672339

THIS IS A FREE EVENT! If you have any questions please call 906-786-7080 ext. 141 for more information



Special Education Parent Trainings

Register at for these free online trainings that will help you maximize your child's education and quality of life at:
www.michiganallianceforfamilies.org>upcoming events

- **February 4** Rethinking Guardianship: Facilitating Lifelong Self Determination with Dohn Hoyle, 6-8pm.
- **February 9** Log On and Log In to Virtual Meetings with Special Education Mediation Services, 11am-12pm
- **February 12** Behavior is Communication with Sally Burton-Hoyle, 1-2pm.

Delta County Winter Family Fun

Snow shoeing/Cross Country Skiing

- Free **snow shoe** rentals at the Escanaba Civic Center per weather conditions. You must schedule an appointment for pick-up drop off at 906-786-3551
- Snow shoe, Ski and snowboard rentals at Mr. Bike and Ski in Escanaba and at Brampton Bike & Ski in Gladstone

Ski/Snow shoe/hiking trails Find directions and details about the trails at: www.visitescanaba.com

Key: *Snow shoe trails=SS Cross Country=CC*

Escanaba

Bay College nature trail and labyrinth. Located off 30th St. behind Bay College near the soccer fields SS

City of Escanaba Bike Path Ludington Park SS, CC

Escanaba to Hermansville Rail Trail SS, CC

Pioneer Trails Park SS

Portage Point Marsh Walk SS

Escanaba Westside Recreation Area between US 2-41 and North 30th Street in Escanaba. The trailhead at North 30th Street (off the Comfort Suites parking lot) Approx. 1000 ft. new boardwalk recently installed. SS,CC

Gladstone

Gladstone Sports Park (Gladstone) SS,CC

Days River Pathway Trail (Brampton) SS, CC

Rapid River

Rapid Rivers Falls Park CC

Bay de Noc Grand Island Trail SS

Hay Meadow Falls Trail SS

Maywood History Trail SS (Stonington)

Rapid River National Ski Trail SS, CC

Garden

Fayette Park Historic State Park SS,CC

Public Ice Skating Rinks

- * **Escanaba** Typically open 5pm-8pm Monday-Friday, Saturdays 1pm-8pm, Sundays 1pm-5pm at the Civic Center. Open weather dependent. Free ice skate rentals are available by appointment. They are hoping to get some single digit weather to create the rink. Check back to see if open and if hours have changed.
- * **Gladstone** does not anticipate the ice rink being open this year

Wells Sports Complex

- The TURF (gym area) is open for Individual Exercise Only and masks must be worn at all times.
- The walking track has limited hours at this time (normally M-F 9am-9pm) Times vary on weekends. Please call the YMCA at 789-0005 to see if it is open or with any other questions about the TURF
- NO OPEN SKATE at this time (Typically \$5.00/person. Skate Rentals and Skate Sharpening available at the Pro-Shop) For full rink and turf schedules visit the Escanaba Area Junior Hockey Website at www.eajha.com)

Sledding

- * **Gladstone Ski Hill** 900 North Bluff Drive, 906-428-9130, Currently the City at the Gladstone Ski Hill has Tubing available on Sat and Sun. 12-6 with 2 sessions from 12-3 and 3-6. Costs \$10 per person/per session. Hope to expand from tubing only to include skiing and snowboarding as weather conditions improve. www.gladstonemi.org/SkiPark
- * **Ludington Park**

Ice racing

- Great Lakes Ice Racing: West Gladstone Bridge Sundays at 1pm \$5 weather permitting
- Upper Peninsula Ice Racing: Gwinn Saturdays Noon & 5pm



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Other Cool Winter Activity Ideas

Sleigh Ride

- **UP North Lodge** in Gwinn 215 S CR 557 Runs every weekend until March. \$15 per adult and \$10 per child 3-10yrs, 2 & under free if on parents lap. Must call to make a reservation. 906-346-9815
- **VanElsacker Farms Carriage & Sleigh Rides** Horse-Drawn Carriage Service in Northland, MI \$15 per person 5 and under is \$10 includes bonfire hot cocoa , homemade cookies, bring your coolers something to cook over the fire. Message or call (906)-361-3390 for reservations

Eben Ice Caves Alger County. A mile hike to the cave. Can be dangerous depending on the ice/weather conditions. Ice cleats, snow pants recommended. Directions from M-94 in Eben Junction, turn north onto Eben Road and drive about 1.5 miles to Frey Road. Turn right on Frey Road and drive to the end (if you can) or if it's a busy day just find a spot to park along the road. It's not unusual to see fifty or more cars parked here on a nice weekend day. Check their Facebook page for info.

Dog Sled Ride Nature's Kennel McMillan, Michigan offers 10 & 20-mile sledding experiences November-April, weather dependent. Can drive or sit as a rider. Call 906.748.0513 or email info@natureskennel.com for information

Indoor Delta Co.

UPUTT 2805 N Lincoln Rd, Escanaba (906) 233-7733 Indoor UP themed mini-golf and arcade. Golf is \$9.06 pp, no entry fee for arcade.

Bowl-a-Rama 2510 1st Ave N 906-786-6500 Currently open bowling Wednesday after 7, some Thursday nights, Friday after 5:30 Saturday noon until 9 Sunday noon until 6pm. \$3.50 per game per person and \$2 for rental shoes. Sunday is \$8 per person unlimited bowling and shoes for 2 hours. Call or visit on Facebook for more information.



Are your kids getting free books?

Children under 5 years old living in Delta County can receive a free, high quality, age-appropriate book in the mail once a month until their 5th birthday! Visit www.imaginationlibrary.com to register and be sure to enjoy Imagination Bedtime Stories with Dolly there too!

Dolly Parton Imagination Library

Made possible locally by the United Way of Delta County!



Great Start Winter Bingo Challenge

We have a great adventure planned for you! Pick an activity card on our website great-start.org or our Facebook Page and do the activities with your kids to get a BINGO. When you have a BINGO, turn in your card at the Delta-Schoolcraft ISD (2525 3rd Ave, S Escanaba) or the Manistique Schools Public Library (100 Cedar St, Manistique) to collect your prize. Cards may also be done digitally and turned in via email to lmold@dsisd.net.

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FINAL DEADLINE IS MARCH 5th, 2021.

A grand prize drawing for a winter fun pack with a new sled will be held on March 8th.

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Name _____ Email address _____ Phone _____

Cook dinner together	Make a snowman	Read a book together	Go on a nighttime Flashlight hike	Parents Choice
Make a blanket fort	Feed and watch birds together	Have an indoor snowball fight (with old socks or paper balls)	One hour outdoors free play	Go sledding
Kid's choice	Make snow angels	 Free Space	Shovel snow	Do yoga together
Play freeze tag	Attend a virtual event or class together	20 minutes of outdoor free play	Go on a winter hike	Make a snow fort
Count 5 animals while on a walk	Meditate	Have a dance party	Try a new food	Have 5 servings of fruits and vegetables




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Eat breakfast for dinner	Draw a picture together	Do a freeze dance	Watch the sunset	Make a list of your 5 favorite things and share it with each other
Make a silly video	Have an indoor scavenger hunt	Look for 3 different birds on a walk	Have snowball fight	Try a new fruit or vegetable
Parents Choice	Make a sock or paper bag puppet	 Free Space	Have an indoor teddy bear picnic	Take a walk somewhere new
Play freeze tag	Read a book together	Visit a local store you have never been to	Make a snow sculpture	Blow bubbles outside and watch them freeze
Find your shadows	Make a blanket fort	20 minutes of outdoor free play	Kid's choice	Take a wintry selfie

If you used the Parent's or Kid's Choice Box, what did you do for your activity? (Please tell us in the box below)


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Name _____ Email address _____ Phone _____

Paint snow (spray bottle with food coloring)	Drink hot chocolate	Read a book together	Count 5 animals on a walk	Parents Choice
Listen to an online Story time	Feed and watch birds together	Make a blanket fort	30 minutes Outdoor free play	Play a board game
Kid's choice	Look at the stars together	 Free Space	Send a letter to a loved one	Make a snowman
Sing a song together	Have an indoor snowball fight (with old socks or paper balls)	Identify 4 different shapes at the grocery store	Go on a winter hike	Go on an animal track hunt
Make a craft together	Meditate	Have a dance party	Make coolies together	Measure how deep the snow is

If you used the Parent's or Kid's Choice Box, what did you do for your activity? (Please tell us in the box below)





Delta County 2021 Kindergarten Registration Dates



Children must be 5 years old on or before September 1, 2021, unless a parent chooses to use the age waiver for children who turn 5 on or



before December 1, 2021. To register your child, you will need a certified copy of your child's birth certificate.

District	Date	Contact #	Details
Bark River	TBD	906-466-5334	Call the elementary office to register for Kindergarten & screening appointment tentatively scheduled in April. Dates TBD
Escanaba	Feb 3 th & 4 th 4pm to 7pm	906-786-6118	Contact Webster Elementary to register. Once your child is registered you will get an appointment for screening which takes place in early June.
Gladstone	Feb 16, 17 & 18 8am-4pm	906-428-2314	Pick up packet at the office between 8am and 4pm. You will schedule a screening appointment at that time. Screenings will take place on June 8, 9 & 10 th .
Mid-Peninsula	TBD	906-359-4387 ext 1	Open registration for Kindergarten and GSRP preschool. Dates TBD
Rapid River	TBD	906-474-6411	Call to make an appointment. Dates TBD
Nah Tah Wahsh	April 16th 8:30am-3pm	906-466-2952	Call the school office to schedule an appointment.
Holy Name	Open House tentatively scheduled for March 2 nd 5pm-6:30pm	906-786-7550 ext 10	Call to confirm open house date. You may also pick up a registration packet in the office.
Free Preschool Registration	April Dates TBD	1-800-562-9131	Open enrollment for both local Head Start and Great Start Readiness programs can be done through the 1-800 number or by contacting the site you wish to enroll your child at.