

Behavioral Health Providers in Central Upper Peninsula

PUBLIC Community Mental Health Agencies

Pathways Community Mental Health Center (for Mental Illness, Developmental Disabilities, covering Delta, Marquette, Alger and Luce Counties)
2500 7th Ave. South (Lincoln Park), Escanaba, MI 49829
1-888-PATHWAY

Northpointe Behavioral Health (a Community Mental Health Center for Mental Illness, Developmental Disabilities) covering Dickinson, Menominee and Iron Counties
Dickinson County
715 Pyle Drive Kingsford, MI 49802
906-774-0522

Menominee County
401 Tenth Ave Menominee, MI 49858
906-863-7841

Hiawatha Behavioral Health for Schoolcraft, Chippewa, and Mackinac counties
(906) 341-2144 OR for 24 hour crisis access (800) 839-9443

Vet Centers in Escanaba, Marquette, Menominee, Manistique, Iron Mtn. etc.
(www.va.gov/rcs)

Other Mental Health Agencies by Region:

Delta County/Escanaba area:

Bellin Behavioral Health (new patients must be affiliated with Bellin physicians)

Escanaba – John Gagnon LMSW and Dr. Miljour

610 South Lincoln Rd. Escanaba, MI 49829

(906) 786-6488

Additional **Bellin Health** Psychiatrists, Psychologists and Therapists are available through the

Bellin Psychiatric Center 1-888-433-3111

Pathways Community Mental Health Center (for Mental Illness, Developmental Disabilities, covering Delta, Marquette, Alger and Luce Counties)

2500 7th Ave. South (Lincoln Park), Escanaba, MI 49829

1-888-PATHWAY (or 1-888-7284929) or locally 906-786-6441

Great Lakes Recovery Centers – Escanaba Office

(Also licensed substance use disorder program)

2500 7th Avenue South, Escanaba, MI

789-3528, For appointments call 906-228-9696

Catholic Social Services of the Upper Peninsula – Mental Health, Substance Abuse services and Family/Adoption services (*Sliding fee scale*)

1100 Ludington, Suite 401, Escanaba, MI

786-7212

Hannahville Indian Community (Health and Human Services for tribal members)
N15019 Hannahville B-1 Rd, Wilson, MI, 49896
906-466-2878

Self-Reflections Therapeutic Services Inc. (Nisha Tebear-Coolman and Michael St. John)
524 Ludington St, Suite 105, Escanaba, MI 49829
906-553-2219
Does see PEDS, does take UPHP

Lisa Wangrud, LMSW "Mindful Transformation Counseling" PLLC
1100 Ludington St., Suite 306, Escanaba, MI
906-553-4555

Jim Schwake LMSW – "Hiawatha Counseling Services"
1100 Ludington, Ste. 306, Escanaba, MI 49829
906-553-6165
Does not see PEDS

Elizabeth Case LMSW "Shoreline Supportive Counseling" PLLC (*Grief specialty*)
1100 Ludington, Ste. 302, Escanaba, MI, 49829
906-280-9167 Fax: 906-934-6837

Monica Peach MSW, "Peach Blossom Therapy"
301E Ludington Centre, 1100 Ludington, Escanaba, MI
906-233-7333 accepts PEDS, Does do family therapy

Tracy Anderson, LPC
1100 Ludington St, #303 Escanaba, MI 49829
(906)399-2256

Bay De Noc Community College – Counseling services for students
Bay College, 2001 N. Lincoln Rd., Escanaba, MI
786-5802, ext. 1165

Youth Health and Wellness Center at Bay College, for youth aged 10-21 new
906-786-1672

Suunta Integrative Health
524 Ludington St., Suite 105, Escanaba, MI
906-273-0964
Fax is the Marquette office: 906-273-2005. Have office in Ishpeming, Escanaba, Marquette.
ACCEPTS UPHP, does PEDS, does family therapy

OSF Mental Health Services (children through older adults, accepts UPHP)
Ashley Pratt LMSW, Carmen Kleikamp LMSW, and Jennifer Brandt, LLMSW
Stacey Cole APNP Nurse Practitioner
3409 Ludington Street, Suite 104, Escanaba, MI 49829
906-786-8343

Escanaba Vet Center (www.va.gov/rcs)

Online ONLY, Delta County based:

Nicole Dewar-Braun, LMSW (online only, takes BC/BS-MI and Cigna)
906-399-4233
nicolemdewar@gmail.com

Online only continued:

Moore Joy Counseling, LLC, Joy Moore, MA, LPC 231-459-3218

Pamela Balentine Ph.D, LPC – “Gray Matters” 906-399-0967

Katie Curtis LPC at <https://www.therapyden.com/therapist/katie-curtis-escanaba-mi>

Dr. Patricia Frueh PsyD

Patricia Frueh, Doctor of Psychology, MI | Mind Diagnostics (mind-diagnostics.org)

Erin Cretens LMSW (ErinCretens@ErinCretensLMSW.onmicrosoft.com)

Dickinson Co. & Iron Mountain Area Behavioral Health Providers

Bellin Behavioral Health (new patients must be affiliated with Bellin physicians)

Iron Mountain – Melissa Gauthier, Nikisha Zanon and Jill Esterly-Jayne

440 Woodward Ave., Iron Mountain, MI 49801 Also Daggett, MI

(920) 433-6073

Northpointe Behavioral Health(A Community Mental Health Center) *Sliding fee scale*

715 Pyle Drive, Kingsford, MI 49802

906-774-0522

Elyse D'Amico, LMSW

427 S. Stephenson Ave. Ste 210

Iron Mountain, MI 49801

(720) 840-7598

Lisa Pangrazzi, PsyD

1102 Carpenter Ave

Iron Mountain, MI 49801

(906)202-9444

Iron Mountain Counseling

216 E. Ludington St., Iron Mountain, MI

(906) 239-9918

Jennifer Gorden, LPC

Kelly Wender, LPC

James Grider, LLMSW

Jessica Clark, LMSW

Karen Olson, Ph.D.

Great Lakes Recovery Centers

(mental health & substance use disorders)

1115 S. Hemlock St, #1

Iron Mtn, MI, 49801

906-774-2561

Sandra Festain, LMSW

427 S. Stephenson Ave.

Iron Mountain, MI 49801

906-779-0479

New Beginnings - Rhonda Brey, LPC, NCC, CAADC

427 S Stephenson Ave
Iron Mountain, MI 49801
(906)396-2085

Resolving Concerns- Mark Young, LMSW, LCSW

427 S. STEPHENSON AVE. 2ND FLOOR
IRON MOUNTAIN, MI 49801
(906)776-4357

Victoria Weiss, PhD

427 S Stephenson Ave, #212
Iron Mountain, MI 49801
(906)776-9000

Fireflies (trauma focused and other therapies for children and families)

724 Main street Norway, MI 49870
906-563-1206 Firefliesglow.org

**Kristina Coffinger, "Bee Happy" ACCEPTS UPHP, does PEDS, does family therapy
TELETHERAPY**

Norway, MI
(906) 212-8894

Dr. David Van Holla MD - Psychiatrist

840 Main St, Norway, MI 49870
906-779-7001

Manistique/Schoolcraft Area Mental Health Provider

Hiawatha Behavioral Health (Public Community Mental Health)

(accessed via Northcare Access)
(888)906-9060

Schoolcraft Memorial Hospital –Rural Health Clinic (Lisa Tatrow LMSW , Janet Pratt, etc)

104 Walnut St, Manistique, MI
906-341-3286

Manistique Tribal Community Center

5698W US Highway 2, Manistique, MI
(866) 401-0043

Nora Brewster MSW/Boot Lake Counseling

8716 N. Boot Lake Rd, Manistique, MI
906-452-6233

Ellyn Plackowski MA, LPC

200 Pearl St, Manistique, MI
906-630-8667

New Beginnings Outpatient Therapy (Kellie Campbell, LMSW & Austin McDonough LMSW)

601 Lakeshore Dr., Suite 102, Manistique, MI
906-286-4412

Marquette Area Behavioral Health Providers

Great Lakes Recovery (GLRC) - Marquette outpatient clinic (AODA and mental health)
906-228-6545

UP Health System/DLP (formerly MGH) – Psychiatry, Psychology testing and Therapy
BHS Dept. 580 West College
6th Floor for outpatient, RCN Bldg.
Marquette, MI 49855
906-225-3985

Pathways Community Mental Health
(906) 225-1181

Catholic Social Services of the UP
(906) 227-9119

Suunta Integrative Health About - Suunta Integrative Health (suuntawellness.com)
1209 N 3rd St, Marquette
906-273-0964

Dr. Emily DePetro PsyD Rising UP Psychological Services (evals, individual & family therapy)
112 W. Washington St, Suite D, Marquette, MI
906-205-5597

Robert Mellin LMSW, LPC, CCS, CAADC Mellin Counseling and Consulting LLC
(906) 284-5355

Access Psychological (psychiatry and therapy)
(906) 228-8881

Dr. Gregory Jones PhD – Health Psychologist Premier Psychological Services
(906) 228-6200

Dr. Daniel Holdwick PhD - Psychological Assessment Services, online
(906) 205-2626 djholdwick@gmail.com

Superior Psychological Services
(906) 225-1776

NMU student services
(906-227-2980)

Mary Pelton-Cooper PsyD, RN (Gender Psychology, Autism, etc.)
(906) 360-3544

Stephanie Blubaugh LMSW - 906 Counseling LLC-
(906) 242-2785

Monica Nordeen LMSW, CAADC
(833) 500-6740

Dr. Karl A. Hill Psy.D Psychologist
107 W. Main Street
Marquette, MI 49855
906-361-3985 Fax 906-249-1355

Menominee County Area Providers

Northpointe Behavioral Health CMH

Menominee County
401 Tenth Ave Menominee, MI 49858
906-863-7841

Bellin Behavioral Health – **Daggett Clinic**
(920) 433-6073

Changing Seasons Counseling Center
906-863-5646

Gill Garcia MSW
866-903-6000

Spade's Counseling Center
906-864-9830

Adapt (Marinette)
715-732-7760

Bay Shore Counseling Network
715-735-7200

Catholic Charities (Marinette)
715-735-7802

Gina Gretens MS, LMFT
920-680-5453

Z Boost Performance, LLC Christine M. Pada, MA, LPC
906-290-2444

Libertas Treatment Center (AODA treatment for adults and teens - Marinette)
715-735-0095

Substance Abuse (*sliding fee scale*):

Catholic Social Services of the UP (see phone/address above)

Great Lakes Recovery Centers (see phone/address above)

DOMESTIC VIOLENCE

Tri-County Safe Harbor 789-1166 or 1-800-682-1649

Eating Disorder: Options for Therapists

Eva Colson MSW and Sheila Gohr MS, LPC (Bellin Psychiatric Center, Green Bay)
920-433-6073

Mary Conaway Ritter LPC, Marquette 906-214-4637

Adult Psychiatric Treatment Hospitals

Bellin Psychiatric Ctr. - Green Bay	920-433-3630
<u>Inpatient Psychiatric Hospital for Children & Adults (bellin.org)</u>	
Theda Clark Hospital, Neenah, WI	920-729-2145
UP Health System/DLP (formerly MGH)	800-562-9753
Willow Creek, Green Bay, WI	920- 328-1220
Roger's Memorial Hospital, Oconomowoc, WI	800-767-4411
My Michigan Behavioral Health, Kincheloe, MI	906- 632-5900
<u>Behavioral Health (Inpatient Care) in Kincheloe, Michigan (mymichigan.org)</u>	
Mayo Clinic, Rochester, MN	800-533-1564
Pine Rest Christian Hospital, Grand Rapids, MI	800-678-5500
Forrest view Hospital, Grand Rapids, MI	800-949-8439
University of Michigan, Ann Arbor, MI	800-525-5188

Adolescent Psychiatric Hospitals

Bellin Psychiatry Center	Green Bay, WI	888-433-3111
<u>Inpatient Psychiatric Hospital for Children & Adults (bellin.org)</u>		
St. Elizabeth	Appleton, WI	920-738-2000 or 738-2490
Aurora/Sheboygan	Sheboygan, WI	920-451-5000
Rogers Memorial	Oconomowoc, WI	800-767-4411
Willow Creek/Summit BHC	Green Bay, WI	920- 328-1220

Online therapists, such as:

www.betterhelp.com

www.talkspace.com

www.psychologytoday.com/us/therapists/michigan?category=online-counseling

www.therapyden.com

Ellie Mental Health 248-629-2799

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